

Programs & Services

Integrated Behavioral Health/Primary Care

Diagnostics Assessments,
Comprehensive Clinical
Assessments

24 hours a day, 7 day a week Crisis
Hotline

ADOLESCENT PROGRAMS

Partial Hospitalization Program

Intensive In-Home Services

Substance Abuse Intensive
Outpatient Program

Individual Outpatient Therapy

Family Outpatient Therapy

Physician Walk In Services

ADULT PROGRAMS

Partial Hospitalization Program

Community Support Team Services

Substance Abuse Intensive
Outpatient Program

Individual Outpatient Therapy

Family Outpatient Therapy

Physician Walk In Services

Critical Time Intervention

Peer Support

Comprehensive Community Care

Tenancy Support

Outreach Management Integrated
Healthcare Solutions

830 Summit Crossing Place

Gastonia, NC 28054

Phone: 704-917-7610

&

1723 Armstrong Park Drive

Gastonia, NC 28054

Phone: 704-854-9828

*Open Access/Walk In

M-F at Summit only*

Crisis Line: 704-853-9667

Visit us online at:

OutreachMS.com



Outreach Management Services is accredited by CARF International, certified by Medicare and Medicaid, and is licensed by the state of North Carolina Department of Health and Human Services. Division Health Service Regulation Mental Health Licensure and Certification Section.

Outreach Management Integrated Healthcare Solutions

***Integrated Behavioral
Health/Primary Care***

Outpatient Services

Intensive in-Home Team

Community Support Team

***Substance Abuse Intensive
Outpatient Program***

***Partial Hospitalization
Program (Adult and Child)***

Peer Support

Critical Time Intervention

***Comprehensive Community
Care***

Tenancy Support

Outreach Management Integrated Healthcare Solutions

Located in Gastonia, North Carolina, we specialize in services to children, adults, and families who have mental health and/or substance needs delivered within the context of the individual's home and community.

Our agency is dedicated to the empowerment of the individual through natural and community supports and ensuring that all professional services are delivered in a cost efficient, timely, and clinically effective manner. It is our goal for the individuals served to live as independently and productively as possible.

Integrated Behavioral Health/Primary Care

Outreach Management Integrated Behavioral Health programs have an identified level of medical supervision and are supported by **“any door is a good door”** philosophy. Outreach Management Integrated Services are capable of assessing the various medical and behavior needs to persons served in an integrated manner. The program demonstrates competency to identify and treat behavior health concerns such as mental illness and substance use disorders and general medical physical concerns in an integrated manner.

Physician Access/Walk In Services

Open Access/Walk In services are available each weekday for screening, triage, and referral at the Summit office location. Call 704-917-7610 for additional information.

Community Support Team

Community Support Team (CST) services consist of mental health and substance use rehabilitation supports necessary to assist adults (ages 18 and older) in crisis management, symptom reduction, coping and social skills, while achieving rehabilitative and recovery goals.

This is an intensive community rehabilitation service that provides treatment and restorative interventions to: assist individuals in gaining access to necessary supports, reduce psychiatric and addiction symptoms, and develop optimal community living skills.

Substance Abuse Intensive Outpatient (Adult & Child)

Outreach Management's Substance Abuse Intensive Outpatient Program (SAIOP) features coordinated, intensive treatments that are more versatile than traditional treatment groups. SAIOP members will typically come for a duration of eight weeks (longer if medically necessary) to help them reach and maintain sobriety.

Through the group sessions, the members will learn the effects of drugs, the damages drugs do to the body/mind/spirit, and will be able to identify their own personal triggers

Outpatient Services

Outreach Management Services utilizes a staff of Licensed Professional Counselors, Licensed Clinical Social Workers, and Licensed Substance Abuse Counselors to provide outpatient services in both individual and group settings.

Partial Hospitalization (Adult & Child)

Partial Hospitalization (PHP) is a comprehensive, short-term outpatient program that provides support and treatment for adults facing emotional or mental difficulties, and who may have substance abuse problems. It features coordinated, intensive treatment that is more concentrated than traditional outpatient care.

The structured format provides medical monitoring, plus therapeutic groups and activities. PHP participants return home in the evenings to maintain important links to their family and their community. This allows them to practice new skills that promote confidence and independence. The goal of the PHP is to help participants understand their current problems and improve their coping skills. This is accomplished through a wide range of therapeutic activities.

Intensive In Home Services

Intensive In-home Services (IIH) are intensive, time-limited, home based, crisis intervention services offering families in the alternative to remain safely together, averting the out-of-home placement of children whenever possible. The IIH program combines skill-based interventions with maximum flexibility so that services are available to families per their unique needs.

Among other included services within the IIH component, family members may receive individual and family counseling, parenting education, child development training, household maintenance education, nutritional training, job readiness training, and referral to other community resources.